



Supporting the natural supports to improve lives

HOW TO GET STARTED

- You need contact your Care Coordinator to discuss your needs to see our services are appropriate for your needs.
- You or your Care Coordinator should contact our office to discuss your needs and how F I R S T's team approach can meet your needs.
- The services will need to be added to your service plan at Smoky or we can discuss private pay options.

Our goal is to empower YOUR team

WHO WE ARE

ABOUT US

F I R S T is a parent resource center that supports families of children and adults with disabilities. Through a variety of grant funded, contracts and fee for service programs, F I R S T staff is dedicated to improving the lives of children, youth and adults with disabilities. Parent training and support designed to improve the “life” of persons with disabilities.

CONTACT US

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FIRST
INNOVATION WAIVER SERVICES

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FIRST INNOVATION WAIVER SERVICES

*Programs to support to
foster healthy, inclusive and
self-determined lives*



INDIVIDUALLY DESIGNED SUPPORTS FOR YOU

Parent and Natural Supports are the only constant in anyone's life and many are the last to receive the help they need to support their loved one. F I R S T has created a program that has a goal to do just that. As parents for children, youth and adults with disabilities, we understand your needs and concerns. By using a team approach when appropriate, F I R S T hopes to address your concerns and improve the outcomes for persons with disabilities live the life they want.

COMMUNITY GUIDE

SERVICES help locate and access community resources, help develop relationships that promote community inclusion and support the individual and family in implementing their person-centered plan. F I R S T service is unique as our staff are parents of children and adults with a variety of disabilities. Whatever your needs are, one of our staff has been down that road.

Providing programs and advocacy to support and foster healthy, inclusive and self-determined lives.

NATURAL SUPPORTS

EDUCATION provides training to families and the natural support network to enhance the decision making capacity of your team, provide orientation regarding the impact of the disabilities, provide education and training on interventions and strategies, and provide education and training in the use of specialized equipment and supplies.



We are all better together

SPECIALIZED CONSULTATIVE SERVICES

provides expertise, training and technical assistance in a specialty area to assist family members, support staff and other natural supports in assisting participants with developmental disabilities who have long term intervention needs. With a team of experts we can utilize a group to meet the individual needs when appropriate. As a provider for Smoky Mountain Center, we can provide through the Innovations Waiver or private pay.

OUR TEAM INCLUDES:

Behavior - ABA

Nutrition

Occupational Therapy

Recreation Therapy

Speech Therapy

Trauma